

Facts About Levels:

1. There are individual and there are humanity levels. The total of individual levels determines the humanity levels. (Next sentence handwritten by V.H.) There are levels of individuals and of humanity. The total individual level equals the level of humanity.
 2. Say you have 100 parts. Your level is determined by the number of understood parts as opposed to confused parts. A man who has 5 understanding parts and 95 misunderstanding parts is on a lower level than the man who has 10 understandings and 90 misunderstandings.
 3. Your level goes into the world and damages according to its lowness.
 4. Only a higher level can teach a lower level, but the lower must be willing to hear and learn.
 5. A false high level can deceive men but not God nor the man's own nature.
 6. We suffer or feel good by our individual level.
 7. A level can only behave according to its level; to behave better the level must rise.
 8. People on the same level are attracted to each other -- high attracts high, low attracts low, because each loves his own level.
 9. When using (the) phrase high level, I use it only as an opposite. Everyone is low level, but we can climb higher.
 10. You can only see you were on level 10 when you have risen to level 11. (Floors of building.) Though you will suffer from any level you are on -- unconsciously.
 11. The level of politics, religion, education, etc. will be an exact duplicate of the average level of the citizens. No politician can ever be higher than the level of the people who voted him in. They will not vote in a man higher than their own insight. Except as an accident.
-

By first feeling real you will then feel pleasant, in fact, they are two descriptions of the same feeling.

Nothing can force me to put up with it, and I am talking about the tyranny of my own sickness.

Learn to take the side of rightness instead of the side of a person.

When I fiercely declare, "no one will ever hurt me again" I am already doing to myself what I don't want others to do.

Those who are wasting their lives are not merely willing but are quite eager for you to waste your own life. This statement has no meaning at all to those who will continue to waste their own lives.

Whatever the question I will not supply my own pet answer. I will remember that I am a student in the cosmic classroom, not the teacher.

There is no limit to the pain that egotism will cause when feeling cornered and threatened -- and it always has this feeling.

Submitting to humiliation and admitting I was wrong is the healthy act of voluntarily entering my own unconscious hell.

We must see where we really are. There is a simple and direct way to do this. Just tell yourself and others what you are really like. The reactions will never fail to tell you where you really are.