

Don't be afraid to die to who you think you are. You don't know that you imagine who you are. You are not who you think you are.

Die to your time nature which is illusory and you will have an eternal nature which will never die. This is what Christ says.

You think you are your physical body - hair color, etc. You think you are these hands, eyes, etc. Thinking that and knowing that the body lives in time, calling yourself the body and your acquired thoughts which are also in time, knowing that they die and having taken you as the body and the thoughts, you feel afraid. Of course you are afraid if you take yourself as a time identity.

Your real nature doesn't go by the clock or calendar. It is not physical. As long as you think this is you, you will blunder around in life, and cling to family conditions, etc. As long as you think you are anything in time you will be scared. What do you think all true teachings are about, except to see that you are not your time nature.

Let go and die to your false artificial beliefs about yourself, and there can be no fear of death because you have died to death. Die to the belief that you are your thoughts about yourself, and you will die to death. If you are a mess it is because you think you are your time life.

Ask God to show you how to die. It doesn't matter how awkward you are, or how little you know what you are talking about. You are living in death without knowing it. Christ came to teach people how to abolish death and they killed him.

You have got to get rid of your own hypocrisies that are keeping you in a state of death.

Obey the rules I have given you and you will live real life.