

You must both know and feel that you have much work to do on yourself. It is this combination that produces the necessary energy for the work.

Tell a vicious person that he is vicious and watch how quickly he proves the ~~XXX~~ point.

Human sickness can never be satisfied with what it demands and gets. It feels a short thrill over winning its demands, after which it restlessly returns to demand more for itself. The best description for this behavior is to call it slow and sure self-strangulation.

Your stupidity is not my responsibility--it is yours and yours alone, and no cunning tricks on your part is going to make me think otherwise.

The one time a sinner never sins is when he earnestly tries to understand his sinfulness.

in a position

A teacher must put every inquirer ~~in a position~~ where the inquirer can no longer get away with his usual lies and evils. In this small corner the inquirer will always reveal himself as he really is--as either a phony who should be promptly dismissed or as someone who really wishes to become a spiritual student.

help

A sane mind never tries to ~~XXXXXXXXXX~~ settle differences between two insane minds.

Arguing over anything, including spiritual things, is always wrong. An argurer tries to make his personal belief look like a universal truth, which is both impossible and frustrating.

Let's go into business together. With my brains and your money we can really go places.

If you chase another ~~XXXXXXXXXX~~ person to explain rightness to him you are making two mistakes. The first is your failure to see your vanity of being a helpful hero. The second is your failure to see that you have no rightness to give him anyway.

When a student places himself beyond the discipline of the teacher, the teacher has only one thing to say to the student: "Goodbye."

Truth never chases anyone. Its procedure is to match the retreat or the advance of the individual. Take one step away from truth and it will take one step away from you. Take one step toward truth and it will take one step toward you.

No one can fall under the evil influence of another unless he is already under the evil influence of himself.

Maybe you are in painful conflict with someone. If you can really see the whole situation from the other person's viewpoint you will instantly dissolve your pain, for it was in your own exclusive viewpoint that the pain resided. Passing over to the other person's viewpoint shattered your own exclusive and self-centered viewpoint.

Evil can be defined as non-evolvement, as not living up to possibilities of inner-development. Thus a tiger is not evil when he kills someone, for he cannot evolve above his level of instinctive and mechanical behavior. But a man who kills another man is evil because he has failed to take his opportunity ~~XX~~ for rising above low-level instinctive and mechanical behavior.

Keep always in front of you this simple and good news: With right inner activity you can replace your wounding confusion with healing insight.

If you do not have a good and mature relationship with yourself it is foolish to think you can have a good and mature relationship with another person.

Settle for what you have and that is all you will ever have.

Here is a truly heroic declaration; "I don't know ~~where~~ I am going but I definitely know that I am going."

Something that may be extremely important to frantic thought ~~XXXXXXXXXX~~ has no value whatever to higher insight.

You still believe that the behavior of other people toward you has something to do with ~~XXXX~~ you. It doesn't.

Dangerous delusions can be dissolved by the following method: Each time you catch someone in a mistake and feel delighted, catch yourself in a mistake and feel humiliated.

You are never asked whether you are able to do a particular bit of spiritual work; you are just asked to do it.

You need not give a single thought to what happened to you in past years, nor a single thought to future years. You need only know what you are doing right now.

~~XXXXX~~ Truth is delighted to give us an abundance of rich gifts, but our cherished ignorance prevents our reception.

Everything in your past can be magically changed into freedom and innocence. It is done by disconnecting your beliefs in yourself from your memories about the past. And this is done by abandoning your delusion that you ~~hXXXX~~own a separate personality.

You become eligible for the higher by clearly seeing your yearning for the lower.

Right now, as you are listening to the reading of these ideas, you are dwelling within a healing atmosphere. Relax and let yourself be impressed by its quiet power. Natural healing will arrive.

There was once a School of True Wisdom. An angel stood on guard before it, blocking entrance at the front gate. One morning a seeker approached the gate and asked admittance. The angel told him, "If I step aside and you enter here you will see that you have been a shameless faker all your life." The seeker answered, "I wish to enter. Please step aside." The angel then said to the seeker, "If I step aside and you enter here you must abandon all your usual and beloved hopes and ambitions." The seeker said, "I wish to come in. Please step aside." The angel continued, "If I step aside and you enter here you will come face to face with every evil and secret thought you have ever thought." The seeker replied, "I wish to go inside. Please step aside."

The angel smiled, and stepped aside.

Heaviness often poses as seriousness. So sudden laughter in class has value ~~XXXXXXXXXX~~ as a log tossed in front of the runaway truck which believes it is sincerely speeding toward a planned destination.

The entire human problem ~~XXXXXXXXXX~~ resides in a peculiarity of human nature--its unwillingness to explore human nature.

Proving your nonexistence in time is the same as proving your existence in eternity.

Never show weak politeness toward a sickly. He will sense it as fearful cowardice on your part, which it surely is. You need only one perfect rule for dealing with a sickly: Let your words and your manner reveal inner strength.

There is a simple test by which anyone can determine the depth of his own evil. His evil will equal the eagerness with which he detects and denounces evil in others.

"Vernon, I'd like to have a private conference with you." Translation: "I'd like to blade your ear off for as long as you can stand me."

The one who goes away is the one who must come back.

The reason a teacher is valuable to a student is because the teacher knows more than the student.

It is normal and natural, and therefore nice for a woman to want to be held by a strong man, held both physically and spiritually. There is something wrong with a woman who cannot permit herself to be held by a man.

Sanity in the atmosphere strikes an insane mind as being odd and uncomfortable. The strangeness forces it to try to switch the atmosphere over to its own insane nature. But since this is impossible the insane mind turns hateful toward the sanity, and also, of course, falls into self-torment.


Thank heaven I am not required to try to make sense out of your stupid chatter. For a long time I thought I was required to do so, which needlessly wore me out. I now see I am required only to see your stupid chatter as the egotistical blabbermouthery that it is. And by the way, I feel neither guilt nor hostility when mentioning all this. I simply see ~~it~~ clearly and impersonally that you are the unconscious victim of your own stupid chatter.

One sign of breaking the self-trap is to less and less believe in what you are talking about.

Sneering is a characteristic of a vicious animal, not of a decent human being. Now you can easily detect an animal masquerading as a human being.

Are you aware that you must personally live with your own ~~burning~~ burning and tormenting hatred?

You are a very fine person. I admire and respect you deeply. But of course if you don't give me what I want from you I will have to despise and attack you.

 The purpose of life is easily explained. We aim to die before we ~~die~~ die in order to live before we die in order to live beyond death.

The only reason you feel bad is because you and God have nothing in common.

The door is always unlocked, but you must personally open it.

Rebuked people are puzzled and resentful when told they have done something wrong. They try to remember some small little error they have made. Just wait. Just wait until they realize that what they have done wrong is ~~to exist~~ to exist as they do.

Worry over losing the lower prevents winning the higher.

You will feel much better by realizing that the other person must ~~live~~ live according to his own real or imaginary interests, not according to your demands.

One sign of a sick mind is its evil delight in causing trouble to others, and ~~it~~ it leaps eagerly upon the slightest opportunity to do so. A healthy mind, having a real conscience, alertly avoids causing trouble to others, though the others are rarely aware of it.

To be in your company--a pleasure or a pain?

The overwhelming insistence of your own desires prevents you from seeing and understanding the desires of the other person. This causes conflict, for your unseeing state arrogantly insists that the other person must think and act in the only way that exists to ~~live~~ live your own self-centered way.