

# The True Purpose In Life

**A talk by Vernon Howard given on 10-22-81 at  
2:30 PM, Sides 1 & 2**

I wonder if you have ever quietly gone aside by yourself, shut out the world for a little bit. The world of business and sports and politics and family life. I wonder if you have gone aside all by yourself, all alone, and quietly asked yourself, "What is the purpose of my life here on earth?"

Now you may have done that right in the midst of this busy world, but the question itself might have frightened you so badly that you didn't pursue it. Let me urge you to begin right now to frankly, honestly, and with a great deal of right anticipation, ask yourself, "What is the purpose of my life here on earth? What am I doing here? What's it all about?"

And the first right thing that will happen to you, if you are really sincere in your inquiry, is that you begin to toss out – very joyfully – toss out all the accumulated purposes that a sick society has given you, and that you fell for, that you accepted, that you piled up in your cupboard – mental cupboard. You will begin to toss out all ideas that you suspect have damaged you instead of putting you on the right path to the purpose of life.

Well now, aren't you a little bit suspicious that maybe all that – what you call fun – all that fun whatever it is, running around spending your money, uselessly chasing around – what's it for? You have to fill in a lot of blanks here because you know what your life is like. And you know where it's wasteful. You know where you are doing things that have no point to them whatever. Will you begin to see it? Unless you have a purpose of discovering who you really are, you're wasting your life – as simple as that.

Oh, but the disguises we wear, and we'll get to that in a little bit. I'm going to summarize for you the real purpose of life and when I say it, I want you to do something special.

I'm going to ask you to do a little work here this afternoon. I am going to tell you the true purpose of life. And I want you to be aware of your reaction to what I say. It's not enough just to hear the words, but I want you to see how you respond to what I tell you. It is very important that you do this and when we are through with it, I'll comment on it.

Ladies and gentlemen out there, your real purpose of life is to get home before dark.

Well, how did you respond to that? I'll tell you how you responded if you don't know. In every single one of you in this room, you had a certain sense that that was true. And you know why you had that response? You did whether you are aware of it or not. The reason you had that response is because you know you are stumbling around in the darkness of society, stumbling around in the darkness of your own mind, not really knowing what it's all about or what you're supposed to be doing.

Now listen. Look. Listen to me! Because I know how your minds work, every single one of you here. It's not shameful to admit that you are lost, which you are. It's not shameful. That's called – that word – you ever hear the word? That word is called honesty. That's being true, that's being sincere in seeing what your actual condition is, because unless you see what the sickness is, how can you ever welcome the cure?

Ladies and gentlemen, human beings in the number of four million are all mentally sick. Yes, mentally sick, spiritually sick, isolated, shut off from reality, are all making one great mistake. And I want to go into this mistake quite in detail for you. Several mistakes, but two or three in particular.

First of all, a little illustrative story. Two men were on an airplane traveling together. They were strangers. They were thrown together accidentally on the same airplane, on the same seat. And one of them was quite nervous and agitated. He wanted to talk, and the other man, we'll call him the silent man, was just sitting there quietly observing the agitated man and wondering what it was all about.

And the nervous man started to talk. He started to blab. And what he told the silent man was what a problem he had. And he said – you know how people fall into conversation on a plane – he said, "My problem is we have suspected that up in Alaska there is a vast area of gold that no one's ever run across before but we are quite sure it's there. But it's in such a complicated area way out there in the wilderness that we need a mining expert, a gold mining expert to come up and show us how to go about extracting the gold out of the ground. And the man went on and on and on about how important it was to find the gold for the national economy and all that, but he was really, of course, talking about his own pocket book. Went on and on about how he wanted to find the gold and how difficult it was to find a man who could qualify as an expert in helping him to get it out. And so he blabbed and blabbed for the entire flight.

And the airplane landed at the airport and both men nodded friendly at each other and went their separate ways. And the silent man got into the car with his wife and he recounted to her the little incident with the talkative man. And when the silent man had told his wife what it was all about, his wife said, "Isn't that strange. There he was sitting right next to a gold mining expert, the very man he wanted. Why didn't he ask you? Why didn't you have a conversation in which you told him that you were the very man he wanted?" And the silent man said, "I couldn't. He just wouldn't stop blabbing."

You think that doesn't apply to you? I'm not talking necessarily about talking with your lips and your tongue. I'm asking you about the state of your mind. Shall I be a little more blunt about it? Doesn't your mind drive you crazy? Now don't you lie about it. Don't you sit in this room this afternoon and lie about it. You've been doing that all your life! Now is the time to start being honest. Now is the time to see that you are indeed lost. Now is the time to indeed see that you're not heading for home at all, you're just going somewhere and you don't know where. Isn't that a terrible state to be in?

Rushing somewhere – where are you rushing to, the ball game, the liquor cabinet, the sexual experiences? Where are you rushing to? Your daydreams? Where are you rushing to? Your delusory religious ideas in which you think you already have it made and so you don't need anything or anyone but the words called god or the Bible? May heaven help you. All you've got is the words and you have no direction at all.

Well, I have described you accurately and we both know that. So what are we going to do about it? We have a tremendous problem in front of us. Not insurmountable. It can be done. You can find your way home.

Oh, by the way, I'd better tell you. To find your way home, you have to find a different kind of a home. Your destination right now, being goaded on by your own neurosis, by your own preference for an excitement, for a preference for arguing, for having your own way. When you reach home I'll tell you what you going to find there. You're going to find yourself. Now isn't that a miserable prospect?

To go all that journey, to take all those drinks, to get all those women, to get all that money, to get all excited, to take all those trips and at the end of it you find yourself right back with yourself again. Isn't that horrifying?

I'm afraid it isn't to you. Because you're not aware that you always go in a circle and the next book you read is going to do it or the next romance you have, or the next change in your husband or your wife that's going to do it. It never does it, does it?

So at the very start this afternoon we have things very very clear. And isn't that a marvelous condition to be in, that already, in just a few minutes so far we have seen what is wrong with us. *Which is that we lie about everything calling it the truth.*

So the obstacles are many. And I want to discuss one of them in detail right now. And I want you to go real slowly with me, I'll go slowly myself so that we can go over it many times and in many different ways. Here it is. A great single obstacle to an individual knowing himself, understanding what life is all about is – listen, here is the key thought and you remember this. Is his unseen pretense that he already understands.

Now every one of you in this room – including the lady who just walked out – every one of you in this room are in this state. And you, like the lady who just walked out have the same resistance to what you've been hearing so far this afternoon. And also to the particular statement that your single greatest problem which is a part of egotism is your unseen pretense that you already have it made.

Here you are, hurtling downhill a hundred miles an hour and you have it made. What you have is excitement joined with imagination which tells you that everything is alright and so you hate. How is this for being on the way home? And so you hate the truth which tells you that you are going in the wrong direction.

How is that? Let's look at that one a little bit closer. Lets look at the pure insanity of any human being who hates, who fights the truth which says,

"Sir, Madam, you are mad! You're going in the wrong direction. Please, let us show you the right direction so that you won't suffer from the way you're suffering right now by being in the wrong direction. When you're traveling in the desert, that's pretty dry out there. And you're pretty thirsty aren't you?"

So how would you – alright I'll leave it to you. Ladies and gentlemen, I leave it to you. How would you describe a human being who is told the shocking truth, and it is shocking to the ego. You know that. How would you describe a man or a woman who gets angry and runs out – there are walk outs all the time. Sick people. To sick people it happens all the time. So don't be surprised if more of you walk out because it is going to get tougher as we go along, see. It gets tougher because it gets more compassionate. Can you see the connection between the two? All right.

How would you describe a man or a woman who hates being told that he's not only wrong, but has been all his thirty, forty, eighty years. How would you describe a man who hates that? How would you describe a man who goes to the doctor – you know, a physical situation – man goes to the doctor and the doctor says, "You're pretty ill, Sir, but we have just the medicine that will cure you." And the man hates the doctor for telling him he has medicine. Wouldn't you call it insane?

Well, let's try a few descriptions. Insane. How about stupid? How about ignorant? How about self-defeating? How about foolish? I'll add another one. This may shock some of you and I hope it does. How about blasphemous?

Oh, you didn't realize we are talking about God, Truth, Reality this afternoon? Well, I'd better tell you that we are. We talking about true spirituality. About much higher realms that you now know. We're talking about God. Lets put it that simply.

Now, the world is loaded with religious hypocrites and they seem to be increasing, by the way, from what I see on television and in the newspaper. The world is loaded with them, who do not want the truth, who despise the truth and say they're lovers of God and of the Bible. They walk out of these meetings.

If any of you born-again hypocrites in here, you're going to be very miserable for the rest of this meeting. And if any of you so-called born-again Christians walk out, I'll tell you where you walking to. You know where you are walking to? You're walking right into yourself and yourself is hell. You are walking right back into hell. And the first thing you'll do is find a bunch of other so-called Christian hypocrites like yourself so you all can get together and lie, and comfort each other and hate. So you can get together and huddle and hate. How's that for being a Christian?

All right, look at it again. A major difficulty that any human being has in finding the truth is the unseen belief that he already has it. And I've just described one branch of that religious hypocrisy.

I want you to look very carefully with me right now at one single word in that sentence, "unseen". And let's get some synonyms for that. Unseen means unconscious. Unseen means you don't know what is there. You don't

know your hatreds, for example. You don't know your self-righteousness. You don't know that you're living from mere labels about yourself as being a person who is adequate and kind and loving. You're living from mere labels, but if you have a label at all that mean that the reality behind the label is not there.

How many of you – don't raise your hand please you might get too embarrassed – how many of you go around calling yourself loving, compassionate, kindly, gentle? Raise your hand to yourself not physically. Don't you understand that that's the very thing that prevents you from being a decent human being?

When you have it you don't have to talk about it. It's when you don't have it and imagine you have it and it's unseen and unconscious that you have to keep convincing yourself. "Look how loving I am." And you waste all your stupid money on greeting cards. (Laughter) You waste all your money on stupid greeting cards. (Vernon laughs)

All because you have not faced the fact of yourself as – here is another key word and this should make you very happy. You have not – well, the whole talk should make you happy. Has it made you happy so far? I see some doubts out there. Wait until we are through.

There are many things inside of you which you don't see, but you have what is called identified with them. That is, you take these negativities as being you. Now a person says – see, he has no real love in him. Okay. No real love. So he says, "Society says I'm supposed to love everybody." Okay. So he takes the word and he writes it in letters and he thinks about it and he goes to church and talks about how much he loves truth and all that.

Now as I said, the very fact that you have to do that proves that you don't have it. Now here is the problem. All the negativities that you have inside of you which are negativities called hatred, called anger. All these, if anyone calls them to your attention and you look and see that you are indeed a religious hypocrite then it pains you.

Now the reason it pains you is because you believed in the label. You believed in what you called yourself and you are not what you called yourself. If you have the courage to see that you are not the label, not what you say you are. If you see that you are not that, now you are out of it altogether and now you are loving! But it isn't you.

Now you're completely baffled. I know that. There is no way you can understand what I'm talking about. You have to come back here hundreds of times. You have to study, you have to read the books. I'll go through it once more. I know you don't understand, and I tell you why you don't understand. You can only understand from a mind that is truly spiritual, from a mind that is above all the labeling processes, from a spirit that simply understands that it doesn't have to be anything, it doesn't have to be anyone according to your own demands of your own neurotic mind.

See, society is so sick it makes everybody else sick. Your parents told you you had to be loving. All right, your parent and the rest of society said you

had to be loving, right? Okay. Were they?

The sick advising the sick. You lived in that home. You were a five year old child, you were a ten year old boy or girl, you were a fifteen year old boy and girl. You know what went on in that home. Wouldn't it be marvelous, ladies and gentlemen, wouldn't it be marvelous if you would be the one to break the pattern.

You know, your grandparents did it to your parent. They did the very same thing and your parent did it to you and your brothers and your sisters, they did it to you. Why don't you be the one to stop it so that you don't pass it on to your children or on to your wife or on to your husband.

So we have to find some way to see ourselves as we presently are in order to go beyond it. Now I'll give you a marvelous method for doing that. For the rest of your life now, this is a lesson for the rest of your days. I want you to look at yourself and I want you to see what you are like at any given moment during the day. Any twenty-four hours you look inside and you say, "What am I like right now?"

Now the second part of that little exercise is: Is what I see good or bad for me. It's so simple and so workable. Let's go over it again. For the rest of your life this is a marvelous spiritual adventure. You just stop wherever you are. You're talking with someone, something comes up, they say something that doesn't please you very much and you start to see yourself getting resentful, angry or whatever.

Now you look at that inside of yourself and you say, "Ah, okay. I see hatred toward that person starting to well up inside of me." Okay, now you've seen it. Okay so far? Now question: is hatred good or bad for you? Now is there anyone in this room who thinks hatred is good for you. Anyone? Do all of you agree that hatred is a bad thing?

All right. Now we have established that. See you can't get out of here – you lie all your life. You can't lie here. The truth will trap you and that's marvelous. Always let the truth trap you so it can smash your lies.

Now you see that hatred is a bad thing Ah, listen to this. Who's it bad for? First of all who is it bad for? Look, when you're in hatred, you're insane. You want to be insane or sane? When you're in hatred you're destroying your powers to think clearly, even in ordinary matters.

Don't you – look at out the world. The average person can't do the average thing right – the simplest of things. And I'll give you an example I used before. Our time is going fast, but I give you a marvelous school. The school is called the checkout line at the supermarket. The next time you get in line, you watch how people in front of you behave. Watch how they're depressed. Watch how they're jittery. They're pushing their hands back and forth, and watch how every one blabs to the checker because they have no one else to talk to. Watch the whole human drama right in those five hours that you're in that line there. (Laughter) Seems like that, doesn't it?

The average human being is as batty as a bat! Look, I'm not talking about spiritual things, I'm saying he doesn't have an ounce of sense in everyday

things. He doesn't have enough sense to get his money out, to put his items out with the prices toward the checker. He doesn't have enough sense to shut his mouth and not blab to everyone around to cause a distraction. You don't have any sense in the simplest. You watch it! And this is the smallest of things. Wait till you get to the big things! Boy, are you going to be shocked. Or you watch yourself in that marvelous school called the checkout line at the supermarket and you'll see for yourself.

All right, one final thing and then we'll have a break for a while. Here it is, set right in front of you. The rock of Truth right in front of you. Do you want to try to destroy it or you want to simply accept it?

An illustration: A man – there is a big rock out in the desert and for some neurotic reason a man hates it. Maybe it associates with something bad that happening to him in the army or whatever. So he hates the rock. So he goes out and first he tries to curse it away. He wants to get rid of it, like people want to get rid of the Truth. He tries to curse it away; the rock is solid. He tries to imagine that it is not there; the rock stays there. He tries to dynamite it. Physical violence. Physical violence in society. He tries to dynamite it and the rock stays there. You know what finally happened to the man? They haul him away to the nuthouse for fighting truth. Truth is the rock. For fighting it. Trying to destroy it.

You listen to me. You're not going to succeed with your lies anymore and from now on you're going to be even more bothered because you've been told the Truth. And you'll never be able to forget what you've heard here this afternoon. You'll never forget it – you may fight it.

Why am I saying this? To tell you that you're not going to win, that you don't have to win in the way you think you do. You do not need ego victories. You don't need people to admire you. You don't need to be a leader among men. You know what you need to be ladies and gentlemen? You need to be a simple, plain, honest, good human being who can no longer hurt either himself or any one else.

Now the problem is all your evil that you do to others is unconscious, unseen. I went through that and tried to get it through your heads. Maybe we succeeded, maybe not.

Now one final thing and then we'll stop. You can't destroy the rock of Truth. Forget it. You'll destroy yourself. I want all of you to think very carefully about the reactions that you had this afternoon during the talk. I want you to see if you felt threatened by what you heard. That was your ego that felt threatened and nothing else. You want to be somebody? You don't have to be anyone! You want to be someone? You want people to respect you? You want people to like you and think that you know what life is all about? You don't or you wouldn't be in this hall here! You came here because you don't know – every one of you, there's no exceptions whatever. Don't think you're the exception. You are not. You are lost.

I am trying to point out the fact that you don't even know what hostilities and what hatreds you have towards the Truth. And if you want the Truth to be on your side to deliver you from yourself then you're going to have to

recognize that you're living from a thousand false assumptions. Truth itself can deliver you from those assumptions and put you on its side and you have no idea of what a relief it would be. You're so nervous, aren't you? You're so stressful, you're worried about your income, you're worried about your prestige, about wanting to build your business or whatever. You're driving yourself crazy!

Everything you've heard today has been beautiful as has it been marvelous for you and healthy for you because it's been the Truth. Now it is up to you what you do with it. Please don't try to destroy the rock. You will destroy yourself in the process of trying to do it. But try to understand what Truth is and it will help you to understand.

It's here right now. Do you know that Truth is in this room right here now? I know it and you sense it. All of you sensed it and this is why, this is why a lot of you resisted it. The sensing – understand? The sensing of it aroused the resistance.

Let Truth rescue you from everything and when you're on the other side of it you'll thank Heaven that you came here today and heard the Truth – not me – but heard the Truth.

Do take a break.

(Side 2 of tape. Opening announcement by Murray not transcribed. Some of the audience questions have been modified for clarity.)

Vernon: Well, let's find out. How many of you can take it? May I see your hands? How many of you can take it? All right. How many of you want to begin to take it? All right, you'll get it. (Laughter)

When is the last time some of you laughed? It's been a long time, hasn't it? As Murray said, you take yourself so seriously and you take yourself seriously because you take yourself as being real and you're not. You're a fake. You're an artificial person taking yourself as real. No wonder you go around gloomy!

All right. I'm going to read something that will require your cooperation, something that I have written. And I am going to read it tonight too. Pretty powerful stuff, strong stuff. And you'd be worth buying the tape just for what's on it next. So I'll show you what to do as we go along.

This is this called – this little reading that I'm going to give you is called, Perfect Logic. That's the title of it. Perfect Logic. In the end you will see how correct the title is. Now what I'm going to do is to ask you a series of simple, right to the point questions and I want your actual response. Just speak out please to the questions. Would you do that please?

All right. Perfect Logic. Can a person have deep hatreds and violence in himself and not see and admit it? Get it? You know the answer is yes, don't you?

All right, next question. Can this hatred and violence ever come from God? (Audience replies no) Okay. Therefore, since this hatred cannot come from God, where must this hatred and violence come from? From the devil in hell? I'm leading you in that question to keep the thing together. From the devil in hell? Is that correct. Yes or not? Let's try that one again. Therefore, since this hatred cannot come from God, where must this hatred and violence come from? From the devil in hell? Right and you know it.

Fourth question. Therefore, a person with unseen and un-admitted hatred and violence in him is possessed by the devil in hell, not by God and goodness. Correct? Perfect logic so far? Absolutely and you know it – that too.

The fifth question. To repeat, regardless of what a hater says about himself he is actually a devil possessed human being. Correct?

All right, sixth. Therefore, being devil possessed he is a hater of God and an enemy of everything that is truly good and decent. Right? And last, you'd better listen to this, some of you haters out there, some of you devils out there. You think I don't know you? I knew you before you even came into this room, that's how well I know you.

Let me read the last one. Therefore, the only thing to do with a devil in human form is to leave him or her alone to burn in the hell of his own hatred and hypocrisy. Right? You think you're ever going to reform a devil who prefers to remain a devil? I'm going to read it once more and you need not respond this time.

Perfect logic. Can a person have deep hatreds and violence in himself and not see and admit it? Yes. Can this hatred and violence ever come from God? No. Therefore, since this hatred cannot from God, where must this hatred and violence come from? From the devil in hell. And devils are right here. This is hell for most people, this earth, you understand that?

Therefore, a person with unseen and un-admitted hatred and violence in him is possessed by the devil in hell and not by God and Goodness. Correct? Correct.

To repeat, regardless of what a hater says about himself he is actually a devil possessed human being. Correct? Correct. Therefore, being devil possessed he is a hater of God and an enemy of everything that is truly good and decent. Right? Right. And last, therefore, the only thing to do with a devil in human form is to leave him or her alone to burn in the hell of his or her own hatred and hypocrisy. Right? Right. Buy the tape for that alone. Six dollars. You pay six dollars for tacos – two tacos. (Laughter)

All right, two questions that were written and they are both very good questions. So I'll read them aloud.

Q. As I study myself I see my values changing. At the same time I observe the stagnation of my family. I have less and less desire to tolerate their nonsense, but feel guilty about breaking off completely. Please comment.

A. I'll tell you what will help you. Your family and your other relatives – you are in physical contact with them and that's what bothers you. You're not

quite sure whether you should accept the invitation to dinner or whatever other nonsense they have planned for you so they can sit and talk about themselves.

Don't think about physical disengagement from them. Forget the physical at all. Don't wonder whether you should go to their house or not go to their house, whether you should talk to them or get involved in business with them. Don't think about the physical part at all, the social part. Think only of inner detachment.

When you go all the way with this inner work, you detach yourself one hundred percent inwardly from your relatives. You can do that living in the same house, living in the same room, living in the same bedroom with your wife or husband you can do it and be completely spiritually detached from them.

Then a miracle will happen to you. Then you will know exactly what to do, when to do it, how to do it, to detach yourself physically from them. Is that clear to you, the person who put the note up? I'm sure you will understand what I'm talking about.

Forget the physical. Go ahead, you're associated with them now. Go ahead and do that. Never do anything by an act of your will by saying, "I'm never going to see you anymore." It has to come from the heart and when you say from the heart, "I don't want to see you anymore," that is Truth saying it because Truth in you wants nothing to do with the darkness in your stupid relatives. And they are stupid and they are destructive.

Q. Is your physical presence helpful to receptive individuals in seeing deeper and more completely into themselves. That is, the physical verses your books?

A. Yes, the physical is quite necessary because the spirit of Truth does not pass through a book, obviously. You can sense that. You can only – it only passes through the intellect. When you read the books out there, they pass through your mind but the spirit is not there. The spirit passes through a living human being. So it is very important and the very fact that whoever asked that question, the very fact that the lady or gentleman who ask that, did ask it means that you sense the necessity and the beauty of the spiritual coming through the physical in the form of a human being. The physical is extremely important especially if you want to go all the way.

You'll feel an attraction to someone who knows the Truth if you want the Truth. If you hate the Truth, you'll want to run away as fast as you can, as did the people who disappeared during the break. They are now closer to the cliff than they were before.

The rules are for hands. Please raise your hands and make it short, clear, to the point. Don't mention your favorite teacher or guru, but confine it to what we are talking about here. And Guy will repeat your questions so that I can understand it clearly and it will get on the tape too. Hands of anyone please.

The lady over there.

Q. Can you define God for me?

A. God is the absence of you.

Next question.

Q. This weekend, this atmosphere with you has been a weekend unlike anything in my life. I find I don't want to go back into the world. Can you talk briefly about using the world to free us. (Guy summarizes) Statement for his question. He said that this week at all these talks has made him very very reticent to go back into the world. Can you talk about using the world to be free of the world?

A. Oh, look. Use the world for all it's worth! If you have a grouchy mean boss, what an opportunity! How many of you have grouchy mean bosses? How many of you are grouchy to the boss? (Laughter) Now you got two things to work on, right?

One of the key methods for waking up, for being a different kind of a person is to use every single experience that comes to you. And you've had a lot of them already since we started this meeting, because if you could have watched your reaction to them, you could have seen the difference between the right ones and the wrong ones.

You could have sifted the two and see who was who was responding to what you heard, whether the small part of you that wants the Truth or the giant part of you that is still afraid. Afraid that the Truth is going to take something away from you. Whatever condition you are in right now is the place for you to work, to use.

And listen now. Here is a typical perfect example of why you must come to the classes and listen to the tapes and read the books, because you don't know what it means yet. You really don't know what it means to use every experience. It will be explained to you. Every time you go there someone will – you ask them, "How do I use the world?" They'll tell you.

You use the world by seeing how it's got you. How you think – you think – you have all this vanity in you and you think that you're an independent thinker and you can conquer every one. And you see that you are a scared little child! Yes, literally, you are a scared little child inwardly. Come to the class and they'll explain all these questions. But in summary, use everything that comes to you. Don't waste it. You get angry, you get furious and you hate someone. All right, when you cool down, when you get home ask yourself, "Why did I flare up into hatred?" And then someone could explain it to you. Maybe because you thought your ego was in danger. You thought they were going to take something away from you. You call yourself brilliant, intelligent, that you understand politics of the world and something comes along that proves that you are a complete idiot. Be grateful for seeing what you really like, and then you can go on from there.

Next question please. The person over there.

Q. How do you give up psychological dependence?

A. Dependence, well, when you see that you leaning on someone

else, you will also see there is a great deal of resentment, a great deal of pain in there. And let me tell you, that feeling is very important for you to understand because it is trying to tell you, "Sir or Madam, you are not living your own free life."

Now look, I am talking about absolute, complete inner dependence. Not dependence on the car mechanic who fixes your car or the baker, things like that obviously. I am talking about spiritual independence in which – in which no one can give you anything! Nobody can give you anything because you already have it. Now if you already have it from the spirit of Truth, are you going to go around asking people what to do? You will know from yourself. If this is a mystery to you, which it is, come to the classes until you understand.

You cannot do it on your own. It is very dangerous. I'll say it two or three ways. It is dangerous, it is hazardous, it is stupid, it is foolish for you to think that you can go home and sit in your room and just read the books or listen to the tapes. I'll tell you what's going to happen to you. I'll predict and it's an absolute right prediction. You're going to go into imagination that you're going into spirituality and you'll become a metaphysical religious hypocrite. You'll think that you've got it. You'll think that you understand and it's very dangerous.

You come to the classes and you'll be told how wrong you are. You'll be insulted left and right. See, you won't go to classes because you are afraid of that and you'll stay home. I warn you, you are going to become harder and going over that cliff staying home just reading the books. You'll become a parrot.

Go out and let these men insult you because they're doing it for a compassionate purpose whether you understand it or not. Eventually dependency disappears.

The gentleman back there.

Q. How does one overcome a particular type of outburst due to a misunderstanding?

A. When you have an outburst it's because you think you are losing something. You have a certain idea. Idealistic image about what you are. You're strong, you're intelligent, you really know what you doing. Someone challenges that and said you are very foolish. You now feel a loss of your mere picture. It's your own idea that's all being lost. If you see that, you'll understand that the picture of yourself being confident, wise, and always votes the right way on voting day and all that. If you see that it's only a picture, you will also see that it's not you, you will also see how it is been tormenting you to have to protect a mere picture all your life.

No more than if you had a photograph up there and you put it on the wall and you have to stand guard with a shotgun against people who wants to steal your picture. It's exactly what happens. When you see that you are not the picture at all, all your problems will vanish now and for eternity! I guarantee you that.

Q. How can I escape the lunatic society by going to a new age community founded on your teachings?

A. It's not founded by me, it's founded by Truth. Come and see what an idiot you all are. See that you lie about everything. See – see how you hate what you've heard here today. See how you want to argue against it and see how that argument is killing you. If you get a glimpse of that then you'll be a candidate for the class. See, egotism always argues against the Truth. It wants to say I am right and you are wrong. You're going over the cliff, ladies and gentlemen. What you heard today will stop you.